

LARELLE H. BOOKHART, PhD, MPH, RD, IBCLCEmail: bookhart@uic.edu**EDUCATION & TRAINING**

- 2021-Present **Postdoctoral Fellowship**, Community Health Sciences Division, School of Public Health, University of Illinois at Chicago
- Center of Excellence in Maternal and Child Health
 - Bridge to the Faculty Associate
- 2021 **PhD, Nutrition and Health Sciences**
Laney Graduate School, Emory University
- Dissertation: *Determinants of Early Infant Feeding Practices- Data from the Maternity Practices in Infant Nutrition and Care Survey and Grady Memorial Hospital*
 - Advisor: Melissa F. Young, PhD
- 2015 **MPH, Nutrition**
Gillings School of Global Public Health, University of North Carolina at Chapel Hill
- Thesis: *Is body size dissatisfaction associated with reduced likelihood of breastfeeding? Data from the Infant Care, Feeding, and Risk of Obesity Study*
 - Advisors: Margaret Peggy Bentley, PhD & Heather Wasser, PhD
- 2011 **BSPH, Healthy Policy & Management**
Gillings School of Global Public Health, University of North Carolina at Chapel Hill

CREDENTIALS & OTHER TRAINING

- 2017 **International Board Certified Lactation Consultant**
International Board of Lactation Consultant Examiners
Credential ID: L-112281
Mary Rose Tully Training Initiative, Maternal and Child Health Department, Gillings School of Global Public Health, University of North Carolina at Chapel Hill
- 2016 **Registered Dietitian**
Academy of Nutrition and Dietetics
Credential ID: 86086000
Nutrition Department, Gillings School of Global Public Health, University of North Carolina at Chapel Hill
- 2015 **Interdisciplinary Certificate in Health Disparities**
Gillings School of Global Public Health, University of North Carolina at Chapel Hill

EXPERIENCE

- 2018-2020 **Student PI**, Global Health Department, Emory University
- Faculty PI: Melissa F. Young, PhD
 - Project: Facilitators and barriers of exclusive breastfeeding at Grady Memorial Hospital
- 2017-2019 **Graduate Research Assistant**, Global Health Department, Emory University
- Faculty PI: Amy Webb Girard, PhD

- Projects: Monitoring and evaluation of the Fruit and Vegetable Prescription Program, Monitoring and evaluation of the WIC environment
- 2017-2018 **Graduate Research Assistant**, Children's Health Care of Atlanta, Emory University
- Faculty PI: Jean Welsh, PhD
 - Project: Grant writing for improved early nutrition for the prevention of obesity & diabetes
- 2016-2017 **County Director**, Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), Halifax County, NC
- 2012-2013 **Research Assistant**, Community Outreach Core- Diabetes Family Project, Biomedical Biotechnology Research Institute, Center for Translational Health Equity Research, North Carolina Central University
- PI: Natasha Green, PhD

AWARDS AND FELLOWSHIPS

- 2019 – 2021 National Association of County and City Health Officials Stipend and Research Support- Reducing Disparities in Breastfeeding through Continuity of Care (Breastfeeding) Project through funding from the Centers for Disease Control and Prevention (CDC), award number 18NU38OT000306
- 2017 – 2019 Emory Maternal and Child Health Center of Excellence Doctoral Fellow
- 2015 – 2016 Carolina Global Breastfeeding Institute Mary Rose Tully Scholarship Recipient

PUBLICATIONS

- Bookhart, LH;** Joyner, A; Lee, Kelly; Worrell,N.; Jamieson, DJ.; Young, MF. (2021). Moving beyond breastfeeding initiation: A qualitative study unpacking factors that influence infant feeding at hospital discharge among socioeconomically disadvantaged women. *Journal of the Academy of Nutrition and Dietetics*.
- Bookhart, LH;** Anstey, EH; Perrine, CG; Reis-Reilly, H; Ramakrishnan, U; Young, MF; (2021). A nationwide study on the reasons for infant formula supplementation among healthy, term, breastfed infants in US hospitals. *Maternal and Child Nutrition*.
- Bookhart, LH;** Anstey, EH; Kramer, M; Perrine, CG; Ramakrishnan, U; Young, MF. (2022). Association of the Ten Steps to Successful Breastfeeding with In-Hospital Exclusive Breastfeeding in the US. *Birth-Under Review*.
- Bookhart, LH;** Anstey, EH; Kramer, M; Perrine, CG; Ramakrishnan, U; Young, MF. Associations between Sociodemographic Factors, Baby-Friendly Hospital Designation, and In-Hospital Exclusive Breastfeeding in the US. *Pediatrics-Under Review*.
- Bookhart, LH;** Anstey, EH; Jamieson, DJ; Kramer, M; Perrine, CG; Ramakrishnan, U; Young, MF. (In progress). In-hospital exclusive breastfeeding and the associated factors among a diverse patient population.
- Bookhart, LH;** Handler, AS; DuBois, DL. (In progress). Doula support and breastfeeding outcomes in the US: A Meta-analytic review.

PRESENTATIONS (Maiden name is High)

Bookhart, LH; Anstey, EH; Ramakrishnan, U; Young, MF. May 2022. *A nation-wide study on the common reasons for infant formula supplementation among healthy, term, breastfed infants in US hospitals.* Association of Maternal & Child Health Programs. National virtual poster presentation.

Bookhart, LH; Anstey, EH; Kramer, M; Perrine, CG; Ramakrishnan, U; Young, MF. Oct. 2021. *Association of the Ten Steps to Successful Breastfeeding with In-Hospital Exclusive Breastfeeding in the US.* American Public Health Association. National virtual poster presentation.

Bookhart, LH, Young, MF. June 2021. *Maternity Care Practices and Policies and the Association with Early Breastfeeding Outcomes.* Oral presentation for the National Association of County and City Health Officials. National virtual office hour.

Bookhart, LH; Joyner, A; Lee, Kelly; Worrell, N; Jamieson, DJ; Young, MF. Oct. 2020. *Unpacking barriers and facilitators for supporting women to exclusively breastfeed at hospital discharge.* American Public Health Association. National virtual oral presentation.

Bookhart, LH; Young, MF. Aug. 2020. *Unpacking barriers and facilitators to exclusively breastfeed at hospital discharge.* National Association of County and City Health Officials. National virtual webinar.

Bookhart, LH; Cook, M; McClintic, E; Reasoner, T; Webb Girard, A. July 2019. *Preliminary Evaluation of the 2018 Fruit and Vegetable Prescription Program.* Society for Nutrition Education & Behavior. Orlando, Florida. Poster presentation.

Greene, N.; Eaton, S.; Blackmon, M.; **High, L.;** Moreno, C. March 2012. *We're Working Together: A qualitative study of family member influence on diabetes management strategies,* NIH 2012 Science of Eliminating Health Disparities Summit, Washington DC. Poster presentation.

TEACHING EXPERIENCE

Teaching Assistant	Spring 2020	GH 522: Qualitative Research Methods Global Health Department, Emory University
	Spring 2019	NHS 581: Human Nutrition II: Micronutrients/Maternal & Child Nutrition Global Health Department, Emory University
	Spring 2019	EPI 596: Foundations in Maternal and Child Health Epidemiology Department, Emory University
	Spring 2009	AMST 057: Access to Higher Education American Studies Department, University of North Carolina at Chapel Hill
Guest Lecturer	Spring 2022	CHSC 510: Maternal and Child Health Inequities and Responses Part I Community Health Sciences, University of Illinois at Chicago "Infant Feeding & Health Care System/Services Support"
	Spring 2020	Maternal and Child Nutrition General College, Emory University "Physiology of Lactation" "Breastfeeding Interventions"

Spring 2018 Food Insecurity
Global Health Department, Emory University
“WIC Program & Food Insecurity”

SERVICE

- 2017-2019 **Secretary, Alumni & Peer Mentor Co-Chair:** Nutrition and Health Sciences Student Club
Emory University
- 2018 **Volunteer,** ROSE: Reaching Our Sisters Everywhere
Grassroots Community Organization
- 2016-2017 **Volunteer,** Roanoke Valley Breastfeeding Coalition
- 2013-2015 **Food Day Community Events Organizer,** Nutrition Coalition
University of North Carolina at Chapel Hill

PROFESSIONAL AFFILIATIONS (CURRENT)

Academy of Nutrition and Dietetics
International Lactation Consultant Association
American Public Health Association